

Summarised Friday Sermon

31st March 2006

Prevention Is Better Than Cure

- The outbreak of a very dangerous disease. This virus has spread widely to a number of countries. This virus continues to spread and can cause death if it is not treated. This virus is known as Avian Flu / Bird Flu.
- As In facing this test, it does not mean that we leave everything to Allah S.W.T or fate. According to the teachings of our Prophet Muhammad S.A.W, first we have to make an effort, then leave the outcome to Allah S.W.T (Tawakkal).
- The Prophet S.A.W actually once said “Allah S.W.T never send down a disease to mankind without sending down a cure for it. (Narrated by Imam Bukhari).
- Prevention is better than cure. Prevention is the form of effective antidote for several diseases. An example by taking care of our eating habits (diet), reduce the sugar and salt intake one can be protected against high blood pressure, diabetes and other disease.
- how Prophet Muhammad S.A.W had explained, “Definitely your body have therights over you”(Narrated by Imam Tarmizi).
- We should seek help from Allah S.W.T that this outbreak of disease should go away from us. Doa is a weapon for a believer. Have faith in our doa, and seek help from Allah S.W.T
- All good things should begin from us, Muslims, by holding strongly to the religion of Allah S.W.T – Islam. With the help of Allah S.W.T, we will be able to be the role model and bring blessings to mankind.

Summarised by Darul Makmur Mosque, Mosque Without Borders