

Summarised Friday Sermon

14 MARCH 2008

DEVELOPING MORAL AND SPIRITUAL RESILIENCE

- One of the key components of our Islamic identity is resilience in facing all challenges in life. The Prophet s.a.w. taught us two important things that we need to build this resilience and to fortify our Islamic identity; (1) spiritual strength and (2) honourable character.
- To strengthen our spirituality and beautify our character, the Prophet s.a.w. taught the importance of commitment in submission to Allah. In this, the Prophet s.a.w. provides the best example.
- In a hadith narrated by Sayyidatina Aisyah r.a. as mentioned in al-Bukhari: “The Prophet would stand very long in prayer that his feet would hurt. Aisyah r.a. commented: O Messenger of Allah, you worship Him as such, though you are granted Allah’s forgiveness for all that had passed and those of the future? The Prophet s.a.w. replied: Should I not be one who is very grateful to Allah (i.e. for all His bounties and blessings)?”
- However, the rituals that we perform will lose meaning if we lack honourable conduct and character in our dealings with humankind. Because one who truly cares for his conduct with Allah s.w.t. will also exhibit good conduct with other people.
- Therefore my brothers, it is important to strengthen our spirituality. Such will also help us develop honourable character. When we emulate the Prophet s.a.w. in this regard, we can be Muslims who are resilient in face of all challenges, as well as become a successful community in this world and the hereafter, blessed with the ridha and pleasure of Allah s.w.t. Amin.



Summarized By: **Darul Makmur Mosque**
Mosque without borders