



## Summarised Friday Sermon

8 JUNE 2007

### BEING A GOOD CONSUMER

- The wisdom behind eating what is halal and good is preserving our physical health and getting our food and drinks by lawful means is to safeguard the health of our soul. Allah's command to take what is halal and good in food and drinks goes beyond its preparation before consumption.
- Haram sources include the earnings from gambling, stealing, conning other people and all earnings that comes from unlawful activities. It is unlawful in Islam to spend the money gained from such activities. Therefore an important attitude of a good Muslim consumer is to ensure that all things that we consumed are Halal and comes from halal sources.
- A lot of us are guilty of taking Allah's gift to us for granted. We forget that there are our brothers out there who are so poor that eating three square meals a day like we do here is something they can only dream about. In fact, eating one square meal in itself is a luxury to them.
- One of the ways of showing our gratitude is by not wasting food and drinks. Allah likens a wasteful person to being the kin of syaitan, in the Quran: "Verily, those who waste are the kins of syaitan, and syaitan totally disobeys His God" [Al-Isra verse 27]
- It is important for us not to be wasteful when we spend, even when we are spending on halal items with money that comes from halal origins. If we could just avoid being wasteful in our spending and spend only on the things that we need, we would be people who are grateful to Allah.
- We should always choose all that are halal and good; good for both our body and soul. Food and drinks that are halal and good should also come from resources that are halal and good. And lastly do not be wasteful cause it is much better for us to help the less fortunate than spend on what we do not need.



Summarized By: **Darul Makmur Mosque**

*Mosque without borders*