

GOOD CHARACTER BUILDS FORTITUDE

- Let us remind ourselves to remember Rasulullah s.a.w., the guiding light in our lives. The guidance Rasulullah has given us is based on *rahmah*, or compassion. This shapes good character and forms our Islamic identity.
- Let's remember our beloved Prophet always with saying the *salawat* upon him, increase our love for him with *salawat* and make him the example that guides us through our lives.
- Ibn Al-Qayyim has explained the four principles needed to build a good character and fortitude. We need to practice these and develop our own good character.
- **Firstly: Patience.** We have to be patient in facing every challenge. We cannot give up at the first sign of difficulty. Patience will give us the strength for face every challenge head-on.
- **Secondly: Courage.** We need courage to face challenges and to make the right choices, to do what is right. We need courage to say no to evil and temptation and with courage only we can go far in facing the challenges of today's world.
- **Thirdly: Iffah (purity)** with a pure mind and heart, we are able to reject what is wrong, because we know the destructive outcomes of every bad thing in life.
- **Finally: Adil (fairness).** Having fairness will limit excesses within oneself. Fairness to the self, to our families, in our actions. Temper our interactions with fairness and justice and to conduct our affairs with fairness. Insyallah, with these four principles, we can all build good character and fortitude to face the challenges of modern life.

